



PRESEASON MEETING



National Standards for Sport Coaches Core Responsibilities

Section 1 — Team / Staff Information

- Name: _____
- Program /Team: _____
- Date: _____

Section 2 — Core Responsibilities

1. Set Vision, Goals, and Standards for the Sport Program

- What aspects of your program vision/standards were effective last season?

- Adjustments or updates to vision, goals, or standards for this season?

2. Engage in and Support Ethical Practices

- Reflection on ethical challenges and successes from last season?

- Actions to strengthen ethical practice this season?

3. Build Relationships

- What relationship building strategies worked well?

- Communication or relationship focus strategy?

4. Develop a Safe Sport Environment

- Safety strengths from last season?

- Key safety priorities for the upcoming season?

5. Create a Positive and Inclusive Sport Environment

- Examples of positive and inclusive practices used last season?

- Positive and inclusion focus for this season?

6. Conduct Practices and Prepare for Competition (*Plan, Teach, Assess, and Adapt*)

- Practice and competition planning strengths?

- Areas to refine in planning, teaching, assessing, adapting student-athlete development?

7. Strive for Continuous Improvement

- Learning or development completed last season?

- Professional development, mentorship, or self-care goals for this season?

Coach: _____ Date: _____ Activities Director: _____ Date: _____